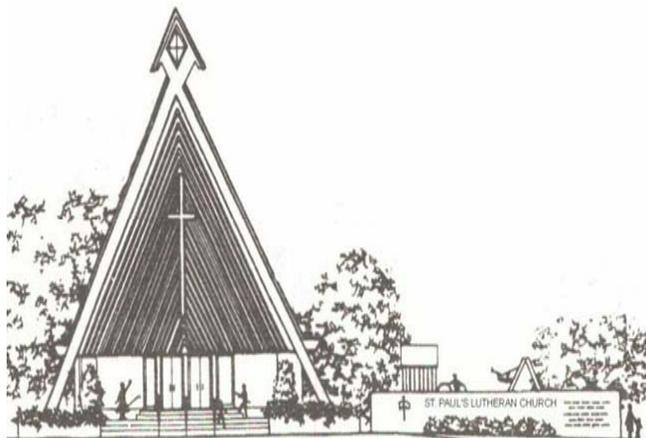


# ST. PAUL'S EPISTLE

APRIL~MAY 2012



*St. Paul's Lutheran Church*

Office Phone: 703/573-0295      Pastor's Direct Line: 703/573-6008

Sunday services are held at 8:00 and 11:00 a.m.

Worship in Mandarin is held at 9:30 a.m.

Sunday School and adult classes are held at 9:30 a.m.

**Pastor** — The Rev. Mark Shaltanis

**Assistant/Chinese Pastor** — The Rev. Xinhong (Chris) Yang

**Pastoral Assistant** — The Rev. Wayne Lehrer

**Director of Music** — Laurel Benson Brown

**Preschool Director** — LuAnn Carrig

**Director of Youth** — Stacy Blake

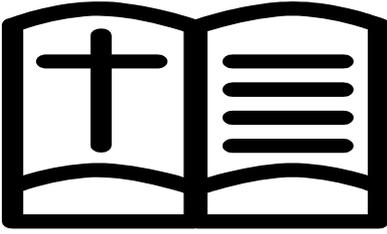
**Director of Education and Family Life** — Melissa Hecht

**Secretary** — Susan Irwin

**Business Manager** — Bill Gratz

**Newsletter Editors** — Marcia Baumgartner,  
Linda Orvedahl, Theresa Shaltanis, Kim Williams

Church is located at the intersection of  
Route 7 (Leesburg Pike) and Idylwood Road.



# Pastor's Corner

## Why Holy Week?

Having school-aged kids, I'm very much attuned to the Spring Break schedule in my community. But even before my kids were old enough for school, I always knew the dates, because in this area they always correspond with Holy Week. I'm not sure why our county decides to do it this way. Maybe it's to make Spring Break be seen as "holy" – and therefore never taken away! I have a feeling some people see the words "Spring Break" and "Holy Week" as synonymous anyway. Whatever the case, I have mixed feelings about this arrangement.

On the one hand, I love the fact that we have time off from activities on our Christian holy days. And being able to take a trip home to spend Easter with family is a nice thing too, especially for an area such as ours where so many people have come from someplace else. On the other hand, I think what more often happens is that people head to a warm weather destination and forget all about the Christian holy days. And this leaves our churches, choirs, egg hunts, and breakfasts a little light in attendance for such an important time.

I don't know that either arrangement – the two "weeks" corresponding or not – is critical one way or another. I guess I do like having the Holy Week schedule at least kept in our public consciousness through the pairing of the two. Come to think of it, I'm kind of surprised that the arrangement hasn't been challenged in the courts. Or maybe it has!

*Continue on page 4*

Continued from page 3

Perhaps the more important question for each Christian to wrestle with is this: "How should *I* observe this week?" Is it imperative that Christians attend all the services? Are these days really any more important than any others? We Lutherans tend not to speak of "holy days of obligation" like some churches. And we can quote the apostle Paul, who told the Colossians (in 2:16-17): "*Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. These are a shadow of the things to come, but the substance belongs to Christ.*"

Let us not forget, however, the great emphasis placed on festivals in the Old Testament, and even by the same apostle Paul, who said this to the Corinthians (in his first letter, 5:7-8): "*Cleanse out the old leaven that you may be a new lump, as you really are unleavened. For Christ, our Passover lamb, has been sacrificed. Let us therefore celebrate the festival, not with the old leaven, the leaven of malice and evil, but with the unleavened bread of sincerity and truth.*"

Festivals focus our attention and effort. They get many people involved. Certainly the events lifted up in the festivals of Holy Week are central to what we believe and teach. Yes, we can and should remember these events every week. And it is true that every moment of our life is holy because of God's presence and promise. Yet do we not, as sinful people, need to make special arrangements to recall God's presence and promise? I think we do.

I hope you will decide to gather with us for much or all of Holy Week. I think you will find it a great blessing. Even more, I pray that you will keep growing in faith, love, and obedience to the will of God. This growth happens when we are fed with God's Word. Like at a feast.

—Pastor Mark Shaltanis



**Holy  
Week  
Worship  
Schedule**

*Maundy Thursday*

Thursday, April 5

7:30 p.m.

*Good Friday*

Friday, April 6

7:30 p.m.

*Easter Vigil*

Saturday, April 7

7:30 p.m.

*Easter Sunday*

Sunday, April 8

Regular worship schedule

*Hosanna!*  
**HOSANNA!**  
*Hosanna!*



## **St. Paul's Leisure Group**

**Thursday, April 12**

On April 12, 2012, the St Paul's Leisure Group will visit Gunston Hall, the historic home built (1755-1759) by George Mason, a gentleman farmer and a close friend of George Washington. Mason was the primary author of the Virginia Declaration of Rights (1776), which later served as a model for the U.S. Bill of Rights (1789). In 1787, Mason served as a Virginia delegate to the Constitutional Convention in Philadelphia. Gunston Hall is located in southeastern Fairfax County, a drive of about 25 miles from St. Paul's Church. Following the visit, the group will have lunch at the Mount Vernon Inn Restaurant.

## **Quilting and Craft Day**

**Saturday, April 21**

There will be another chance to work on lap blankets and various crafts on Saturday, April 21. We will gather in Room 9 any time between 9:00 a.m. and noon. In the meantime, if you have any craft ideas for the Christmas Craft and Bake Sale, please talk to Susan in the church office or bring them with you. We need busy hands, but we also need new ideas.

## **St. Paul's Rummage Sale**

**Saturday, May 19**

It is time to begin cleaning out the basement, closets, and those deep, dark recesses of your home that contain wonderful "treasures" for you to donate to the St. Paul's Rummage Sale. It will be held this year on *Saturday, May 19, from 8:00 a.m. to 2:00 p.m.* Please do not bring these "treasures" to the church before Monday, May 14. You have held on to them for this long; we ask that you keep them a little while longer. Thank you!

## Retirement and Estate Strategies Workshop

Tuesday, April 17, at 9:00 a.m.

A Retirement and Estate Strategies Workshop will be held at St. Paul's on Tuesday, April 17, beginning at 9:00 a.m. The workshop will be hosted by Thrivent Financial for Lutherans and local representatives Jim Pace and Mary Lou Marshall. Guest speaker Jonathan Doering, Thrivent Financial consultant from San Diego, with 21 years experience, will share strategies on

- How to accumulate and distribute money for your retirement
- How to pass money on to heirs or charities in a tax-wise manner
- How to reduce IRS impact on your money
- Successful investing in today's market conditions

To reserve a seat for you and a guest, call Monique Jouglet at 877/593-1195, x207, or e-mail [Monique.jouglet@thrivent.com](mailto:Monique.jouglet@thrivent.com).



### Building Expansion Update

Our site engineering firm has advised us that they anticipate ground-breaking for our building expansion to take place this fall. We will keep you advised.

## LCEF Sunday

April 29, 2012

On Sunday, April 29, we will be highlighting the ministry of the Lutheran Church Extension Fund. The theme on LCEF Sunday will be "LCEF's G.P.S."

The Lutheran Church Extension Fund wants to be that resource for churches and schools to successfully follow its navigated course to reach their ministry destination. On Sunday, April 29, we will lift up this LCEF ministry for **G**rowing new ministries, **P**artnering with congregations for low-cost loans, and **S**erving ministries with a variety of outreach-based services. Please see Bill Gratz, St. Paul's business manager, on LCEF Sunday to receive information about being a G.P.S. partner with LCEF and also pick up a giveaway compass to help you navigate to the LCEF website.

### *GriefShare Class*

A new *GriefShare* class will begin on *Wednesday, April 18, from 7:00 to 8:30 p.m.* in the old Church Office.

*GriefShare* is a special program and support group for people grieving the loss of someone close, no matter how long it has been. You will be surrounded by people who understand what you are experiencing and want to offer you comfort and encouragement during this difficult time. Each *GriefShare* session includes a video seminar and group discussion. A *GriefShare* workbook assists you with note-taking, journaling, and grief study.

There are 13 classes; however, you are welcome to join us at any time. Please contact Gladys Hane (703/281-5387) to receive further information.



*Family & friends of Cathy Bermann*  
(who died on March 26)

*Family & friends of Jack Glass*  
(who died on March 20)

*Family & friends of Marta Muller*  
(who died on March 13)

*Catherine Riggle (mother of Barbara Easterly)*  
moved to hospice care in Valdosta, GA

*Pat Newberry*

*Dee Sitnik*

*Trudy Booth*

*Carolyn Cowherd*

*Maureen Forcier*

*Ed & Gladys Hane*

*Jim Hickey*

*Paul Noring*

*Peter Frenze*

*Hal Skean*

*Jack Hartman*

*Dave & Millie Sullivan*



## Preschool News

April-May 2012

As I write this article it has been a week of sadness and **JOY**. This week the Preschool Committee and staff lost one of the finest men I have had the opportunity to know and to minister and serve beside. Jack Glass went home to be with our Lord and Savior on Tuesday, March 20. I feel a great loss, but I remember the words my mother spoke to me when my father passed: "Don't spoil the **JOY** your father had in waiting for this day. He lived his life serving and loving Jesus so when this day came for him, he would meet his Lord and Savior face to face."

Remembering is always part of the grief process and as I begin to process this loss, here are a few things I remember about William Jack Glass. The day that I interviewed for my position at the Preschool, one of Jack's interview questions was, "We are a religious preschool program, so tell me how you feel about that?" It was clear to me in that moment that he had a great love for the Lord and wanted to be sure that the person who was hired for the director's position loved the Lord too *and* would share that love with the families and children here at St. Paul's Preschool.

Jack began his journey as Preschool Committee chairman on September 3, 2003. Since I was not here at that time, I can only say that I believe that Jack was led to the Preschool Committee because he had a love for little children. This was always evident as he talked about his grandchildren and "borrowed" learning toys from the Preschool before grandchildren were coming to visit! During his time as the Preschool Committee Chairman, he led

approximately 67 committee meetings; grilled approximately 4,000 hot dogs and brats for Oktoberfest celebrations; carried *many* tables and chairs to different places on the church property for Preschool events; served somewhere around 3,600 cups of punch for Christmas, Spring Sing, and graduation programs; painted and repaired classrooms; looked at and repaired equipment; greeted an infinite number of children and adults with a smile; and came to the Preschool's aid on the first request. Jack was a leader. He was analytical in his approach to problem-solving, always needing all of the information before a decision was to be made. His mild manner was calming and comforting. Each time I would see Jack, I often thought of the hymn, *"There's a sweet, sweet Spirit in this place. And I know that it's the Spirit of the Lord."*

In closing, I know that God's provision is always more than we need, and he will lead each of us through our time of grief. For Jack's family, I pray that each member has a personal relationship with Jesus Christ so they can rest knowing that they will meet again one day and that they find peace in knowing their earthly father (husband, uncle, brother, and son) is walking healed with our heavenly Father. And last, when you think of Jack, think of the word **JOY**: **J**esus first, **O**ther's second, and **Y**ourself last, because that is how he lived his life. *"For the Lord himself will come down from heaven with a commanding shout, with the call of the archangel, and with the trumpet call of God. First, all Christians who have died will rise from their graves. Then together with them, we who are still alive and remain on the earth will be caught up in the clouds to meet the Lord in the air and remain with him forever. So comfort and encourage each other with these words."* 1 Thessalonians 4:16-18

God's Instrument,  
LuAnn Carrig



## April

- 1 Norman Armstrong
- 2 Mason Amdahl
- 3 Bill Jacobsen
- 5 Qingyang Hu
- 6 Susan Irwin
- 9 Tawni Harrell
- 11 Derek Hann
- 16 Karen Mahach
- 18 Melissa Amdahl
- 20 Milly Becci  
Jennifer Zambone
- 22 Eric Brinkmann
- 25 Walter Smith
- 26 Billie Dagley  
Ann Gratz
- 29 Joe Mills  
Sydney Perlowski  
T. J. Peterson
- 30 Herb Hecht

## May

- 5 Theresa Du
- 6 Bethany Casto
- 12 Norman Armstrong Jr.
- 14 Sammy Hecht  
Halle Stetter
- 15 Trey Armstrong  
Jeff Bothen  
Jonathan Yang
- 19 James Ma  
Brek Mehalic  
Dorothy Stringer
- 20 Luther Smith  
David Wang
- 21 Andrew Harkins
- 22 Tara Harkins  
Lee James Irwin
- 24 Daniel Wang
- 25 Neale Ainsfield  
Linda Lay
- 27 Johnny Hecht  
William Muller
- 28 Linda Orvedahl
- 29 Andrew Orvedahl
- 30 Steve Janssen



## Vacation Bible School

We are already planning for a fantastic program: "SKY – Everything Is Possible with God." It will be the week of *July 16–20, from 9:30 a.m. to 12:30 p.m.* Registration begins on April 1. Registration forms are available on the table in the narthex, or they can be downloaded from St. Paul's

website at [stpaulsfallchurch.org](http://stpaulsfallchurch.org). Click "Services" and then "Vacation Bible School."



## June–July Newsletter Deadline:

May 20

Send submissions to  
[m.baumgartner@cox.net](mailto:m.baumgartner@cox.net),  
[stringer.orvedahl@verizon.net](mailto:stringer.orvedahl@verizon.net)  
and  
[kimberwilliams@aim.com](mailto:kimberwilliams@aim.com)

## Ring in the New Year with Financial Resolutions

With the New Year comes the opportunity to improve your financial well-being. Here are five financial resolutions to get you started:

1. **Establish your 2012 financial goals**, including your retirement and overall savings goals. Post them where you'll see them often.
2. **Establish a budget** based on what you spent last year, taking rising gas, heating, and food prices into account.
3. **Cut back on debt** by paying off a credit card balance, forgoing unnecessary purchases, or adding \$50 a month to your mortgage payment.
4. **Prioritize major purchases** you want to make and figure out how to pay for them out of your current income.
5. **Meet with a legal professional to review your will or estate plan** to ensure that it reflects your current life situation.

For help achieving your 2012 financial strategy, contact Jim Pace, Financial Associate, at 703/444-9576 or [James.Pace@Thrivent.com](mailto:James.Pace@Thrivent.com) today or visit [Thrivent.com](http://Thrivent.com).

Thrivent Financial for Lutherans and its respective associates and employees cannot provide legal, accounting, or tax advice or services. Work with your Thrivent Financial representative and, as appropriate, your attorney and/or tax professional for additional information.

Insurance products issued or offered by Thrivent Financial for Lutherans, Appleton, WI. Not all products are available in all states. Securities and investment advisory services are offered through Thrivent Investment Management Inc., 625 Fourth Ave. S., Minneapolis, MN 55415, a FINRA and SIPC member and a wholly owned subsidiary of Thrivent Financial for Lutherans.

# Dates in May to Remember



# EASTER CARD

Many symbols remind us of Jesus' death and resurrection. This Easter, put some of those symbols on special cards. Then give the cards to other people to share the good news that Jesus is alive.

## What you need:

- Craft foam
- Pencil
- Scissors
- Hot glue gun
- Empty food can without label
- Paint and paintbrush
- Paper plate
- Paper (8 1/2" x 11")
- Markers or crayons



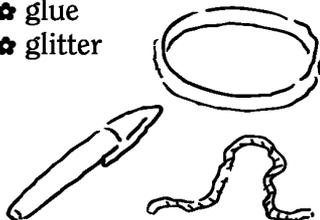
## What you do:

1. Choose some simple Easter shapes to draw on the craft foam (cross, empty tomb, heart, etc.).
2. Cut out each shape.
3. With an adult's help, glue the shapes onto the can.
4. Pour a thin layer of paint onto a paper plate.
5. Roll the can in the paint and then roll the can onto the paper.
6. Try this several times using different colors.
7. When your paper is dry, fold it into a card.
8. Write "Happy Easter!" or a Bible verse on the front of the card. Then give it to someone.

# Make a "Son" Catcher

## You will need:

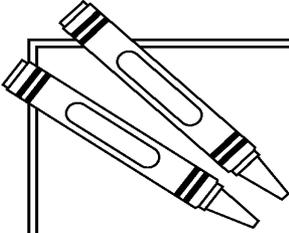
- ✿ round, clear plastic, food container lid
- ✿ hole punch
- ✿ yarn
- ✿ permanent markers in a variety of colors
- ✿ glue
- ✿ glitter



## How to make it:

- ✿ Using the markers and glitter, decorate the lid with the name of Jesus and some bright colors and shapes.
- ✿ Punch a hole in the top.
- ✿ Put a piece of yarn through the hole and tie it to make a hanger.
- ✿ Hang in a window to catch the sun.





# Just for KIDS

## One of a Kind

The scrambled words and phrases below are all found in the Bible. They all have something in common. Find what that is. First, unscramble the words. Next, transfer the circled letters in order to the lines at the bottom of the page.

- 1) eiVn \_ \_
- 2) iLLy fo teh elaVly  
\_ \_ \_ \_ \_
- 3) abLm fo dGo \_ \_  \_ \_ \_ \_ \_
- 4) estMar \_ \_ \_ \_
- 5) eJuss \_ \_ \_
- 6) okRc \_  \_ \_ \_
- 7) rdBea fo eiLf \_ \_ \_ \_ \_ \_ \_
- 8) higLt fo hte dorWl  
\_ \_  \_ \_ \_ \_ \_ \_ \_ \_ \_ \_
- 9) voaSir \_ \_ \_ \_
- 10) doLr \_ \_ \_
- 11) ishCrt \_ \_ \_ \_
- 12) ehSprhed  \_ \_ \_ \_ \_ \_ \_
- 13) Teh doWr \_ \_ \_ \_ \_
- 14) rncPie fo cePae  
\_ \_ \_  \_ \_ \_ \_ \_ \_ \_

What do all these words have in common?

" \_ \_ \_ \_ \_ , \_ \_ \_ \_ \_ ."

Answers: Vine; Lily of the Valley; Lamb of God; Master; Jesus; Rock; Bread of Life; Light of the World; Savior; Lord; Christ; Shepherd; The Word; Prince of Peace; Names of Gods Son.