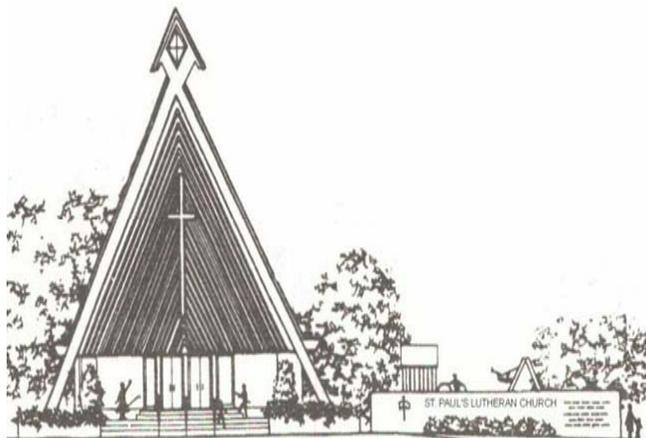


ST. PAUL'S EPISTLE

APRIL~MAY 2013



St. Paul's Lutheran Church

Office Phone: 703/573-0295 Pastor's Direct Line: 703/573-6008

Sunday services are held at 8:00 and 11:00 a.m.

Worship in Mandarin is held at 9:30 a.m.

Sunday School and adult classes are held at 9:30 a.m.

Pastor — The Rev. Mark Shaltanis

Assistant/Chinese Pastor — The Rev. Xinhong (Chris) Yang

Pastoral Assistant — The Rev. Wayne Lehrer

Director of Music — Laurel Benson Brown

Preschool Director — LuAnn Carrig

Director of Youth — Stacy Blake

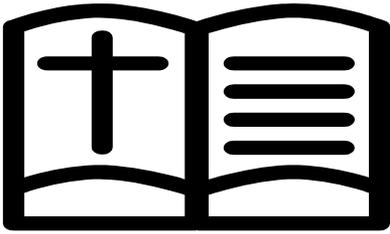
Director of Education and Family Life — Melissa Hecht

Secretary — Susan Irwin

Business Manager — Ellen Heup

Newsletter Editors — Marcia Baumgartner,
Linda Orvedahl, Theresa Shaltanis, Kim Williams

Church is located at the intersection of
Route 7 (Leesburg Pike) and Idylwood Road.



Pastor's Corner

60 Years: "Let Us Give thanks"

Dear friends, as I write these words, we have begun Holy Week and are looking forward to the glorious celebration of Easter 2013. Along the way, we are celebrating three baptisms (ages three months, 12 years, and 82 years!); five young people making their First Communion; and lots of activity as we observe these holy days. Even the weather is cooperating – holding off on spring until Lent is finished!

Amid all of this celebrating is one occasion that is going mostly unnoticed – St. Paul's 60th anniversary. Our congregation had a large and festive observance of its 50th, so it's no surprise to me that this year's anniversary is slipping by without fanfare. Still, as I paused to write this article and thought about the state of our congregation, I was moved to recall the day. Sixty years is quite young in the scheme of things, but it also represents a good chunk of time in which many, many people have heard the Gospel. The occasion reminds me of the refrain that is used in multiple Psalms: "Oh give thanks to the Lord, for he is good; for his steadfast love endures forever!"

At our 50th anniversary, we adopted the theme Centered in Christ. I believe we still have the lovely banner that was made for that year. Perhaps we'll put it up some Sunday this year as a remembrance. The day of our actual charter as a congregation has passed (March 16), but the day when we gathered at the Doubletree Hotel for our

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continued from page 3

banquet is right around the corner (May 18). You may also recall that we invited former vicars and pastors to come back and preach throughout the year. The whole year was a grand remembrance of God's faithfulness.

In a newsletter article during that time, I concluded with the following Prayer for an Anniversary from our hymnal. I will conclude with it once again:

O God, you have promised through your Son to be with your Church forever. We give you thanks for those who founded this community of believers and for the signs of your presence in our congregation. Increase in us the spirit of faith and love, and make us worthy of our heritage. Knit us together in the communion of saints, and make our fellowship an example to all believers and to all nations. We pray through your Son, Jesus Christ, our Lord. Amen.

Pastor Mark Shaltanis



June–July Newsletter Deadline:

May 20

Send submissions to
m.baumgartner@cox.net,
stringer.orvedahl@verizon.net,
and
kimberwilliams@aim.com

Parenting Seminar

Thursday, April 25, 7:00–9:30 p.m.

Register for a fun and informative seminar, “Dealing with Anger and Bad Attitudes in Children and Their Parents,” to be held at St. Paul’s on Thursday, April 25, from 7:00 p.m. to 9:30 p.m. Parents of children from ages 2 to 18 will come away with practical methods to address not only the behavior, but the hearts, of their children. Additional information is available on the table in the narthex.

Lutheran Social Services “Expressions of Abundance”

April 30

Pastor Lehrer would love for you to join him at a St. Paul’s table, for the annual Lutheran Social Services Breakfast at Founder’s Hall at George Mason University (registration 7:30 a.m., program 8:00–9:00 a.m.).

If you have been to a Compassion in Action Walk-Tour, you are especially invited to celebrate Lutheran Social Services’ ministry to the refugees and victims of abuse and AIDS. Speak to Pastor Lehrer or call him (703/538-0976).

Caring Ministry

Caring Ministry volunteer forms are available on the table in the church narthex. If you would like to be a part of this new St. Paul’s Caring Ministry, complete the back of the form and place it in the collection plate, hand it to a worship aide or Pastor Mark, or return it to the church office.

If you have any questions or concerns, please contact Pastor Mark.



PRAYERS
of the
CHURCH

Jesse Orvedahl

Joe Mills

Dee Sitnik

Maureen Forcier

Ed & Gladys Hane

Peter Frenze

Hal Skean

Jack Hartman

Millie Sullivan

St. Paul's Rummage Sale

Saturday, May 11, 8:00 a.m.–2:00 p.m.

It's time for you to begin cleaning out the basement, the closets, and those deep, dark recesses of your home that contain wonderful "treasures" for you to donate to the St. Paul's Rummage Sale. Please do not bring these treasures to the church before Monday, May 6. You have held on to them for this long; we ask that you keep them a little while longer.

Quilting and Craft Day

Saturday, April 20

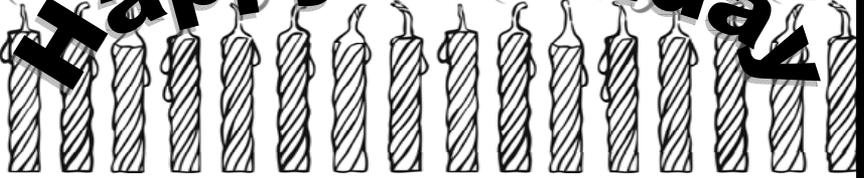
We will begin meeting again to work on lap blankets. We will gather in Room 9 any time between 9:00 a.m. and noon. Come when you can, and leave when you must. Fabric for quilts will be provide for you to work on. If you have your own projects that you would like to work on, bring them along. We also need craft ideas. We need many hands working together.

Time to Spiffy Up the Place

Saturday, April 20

This day of fun, fellowship, and work has been scheduled for Saturday, April 20. We will have indoor jobs, outdoor jobs, bending jobs, lifting jobs, sweeping jobs, and picking-up-sticks jobs. We can even come up with some new jobs if you have a specific area you would like to work on. Get your entire family involved, and join us at 8:00 a.m. for coffee and a quick bite of breakfast. We will begin cleaning up at 8:30 a.m. and work until around noon.

Happy Birthday

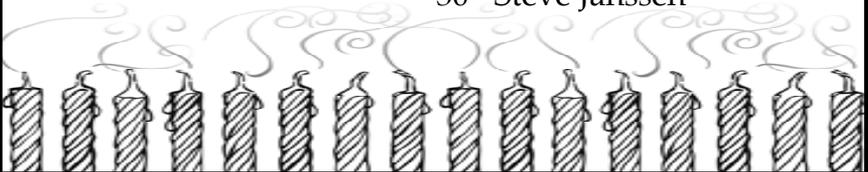


April

- 1 Norman Armstrong
- 2 Mason Amdahl
- 3 Bill Jacobsen
- 5 Qingyang Hu
- 6 Susan Irwin
- 9 Tawni Harrell
- 11 Derek Hann
- 14 Ian Lynch
- 18 Melissa Amdahl
- 20 Milly Becci
Jennifer Zambone
- 22 Eric Brinkmann
- 25 Walter Smith
- 26 Billie Dagley
Ann Gratz
- 29 An Nan
Joe Mills
Sydney Perlowski
- 30 Herb Hecht

May

- 5 Theresa Du
- 6 Bethany Casto
- 12 Norman Armstrong, Jr.
- 14 Sammy Hecht
Halle Stetter
- 15 Trey Armstrong III
Jeff Bothen
Jonathan Yang
- 19 James Ma
Brek Mehalic
Dorothy Stringer
- 20 Luther Smith
David Wang
- 21 Andrew Harkins
- 22 Tara Harkins
Lee James Irwin
- 24 Daniel Wang
- 25 Neale Ainsfield
Linda Lay
- 27 Johnny Hecht
William Muller
- 28 Linda Orvedahl
- 29 Andrew Orvedahl
- 30 Steve Janssen



Psalm 117

(English Standard Version)

The LORD's Faithfulness Endures Forever

117 Praise the LORD, all nations!

Extol him, all peoples!

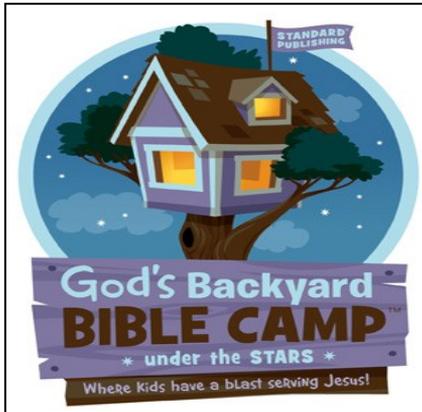
² For great is his steadfast love toward us,
and the faithfulness of the LORD endures forever.

Praise the LORD!

According to the MacArthur Bible Commentary and other sources, this significant Psalm is

- The shortest Psalm
- The shortest chapter in the Bible
- The middle chapter of the Bible

SAVE THE DATE



Vacation Bible School

July 15–July 18, 2013

(Monday–Thursday, 6:00–8:30 p.m.)



April–May

Do you like to prepare? Are you a list maker or writer? Whether we are planning and preparing a meal, a vacation, a move, or a weekly errand, it seems to me that we have to plan and prepare for a lot in our daily lives. Here in the Preschool, we are planning and preparing for our upcoming school year. We are currently in the enrollment process for the upcoming school year, and there is much planning that goes along with it. There are teachers and assistants to be contracted, children and classes to be assigned, continuing education for teachers to attend, and much more. We know that God has already brought to us many families, and we praise him and thank him for the ministry opportunity that will come in the fall. We still have openings for next year and certainly appreciate any referrals you make to the Preschool.

Each day our teachers prepare their classrooms for the learning that the children in their care will encounter. During the months of April and May, the children will learn and explore these themes: spring, dinosaurs, community helpers, Mother's Day, bugs and insects, and going to kindergarten! The children are also preparing for the **Annual Spring Sing Sunday**, which is scheduled for **April 21**. This is one of my favorite days as the children

and families of the Preschool join the children and families of the Church. The children will also come together for weekly chapel, where they hear and learn about Jesus rising from the dead; Jesus walking on the road to Emmaus; Jesus walking on water; Jesus telling the story of the Good Samaritan; and Jesus saying, "Let the little children come to me." They will also learn about the conversion of Paul and Jesus' ascension into heaven. Families are invited to join their children for chapel once a month.

As summer approaches, we are planning for our two weeks of summer camp, June 3-7 and June 10-14. The children really enjoy camp because every day is a new adventure! Lots of planning goes into making these two weeks very special for the children, but the many smiles are well worth it.

So here is a very simple question: Do you prepare for worship with the same intentionality that you use for the everyday things in your life? Will you join me in putting God first on your planning list? By putting him first, we will certainly be better equipped to be the disciples he has called each of us to be. *"Therefore, go and make disciples of all nations, baptizing them in the name of the Father, Son, and Holy Spirit. Teach these new disciples to obey all the commandments I have given you. And be sure of this: I will be with you always, even to the end of the earth."* Matthew 28: 18-20.

Have a wonderful summer, and we will see you again in September!

God's Instrument,
LuAnn Carrig



A WISE SNACK

Believing in the message of the cross makes you wise. This treat is a great reminder to be wise in God's ways.

What you need:

- Slice of whole wheat bread
- Circle cookie cutter (or jar lid)
- Butter knife
- Nut butter (peanut, hazelnut, etc.)
- Toasted oat cereal
- 2 banana slices
- 1 cashew
- 2 chocolate chips

What you do:

1. Cut a circle from the bread to be the owl's head. Then cut out a small semi-circle atop that bread circle to resemble pointy ears.
2. With a knife, spread the nut butter on the bread.
3. Place cereal along the top of head, from ear to ear.
4. Place banana slices for eyes.
5. Dip the chocolate chips in nut butter and place them in the middle of the banana slices.
6. Place a cashew for the nose between the bananas.
7. Enjoy – and be wise to God's message!

